



M H I

MENTAL
HEALTH
INSTITUTE
BERLIN

PRIVATE PSYCHIATRIC CLINIC IN BERLIN WESTEND

The Mental Health Institute (MHI) Berlin is a private clinic that offers modern and scientifically serious day-clinical and outpatient treatment to people with mental problems and suffering. A highly experienced team of doctors, nurses, psychologists and therapists have made it their goal to help patients overcome mental crises in a pleasant, stylish and healing atmosphere.

In addition, an affiliated appraisal institute also provides specialist psychiatric appraisals, including neuropsychological testing for insurance companies and expert opinions requested by the courts.

MHI Berlin is located in a spacious villa with a park-like garden in Berlin-Westend

TREATMENT FOCUS

- Stress-associated diseases
- Burnout
- Depression
- Bipolar disorders
- Personality disorders
- Anxiety disorders
- Adjustment disorders
- Addiction
- Cognitive disorder
- Schizophrenia

DAY CLINIC

The MHI Berlin offers day-clinical treatment at the highest clinical and scientific level for up to 24 patients. The treatment team has extensive and long-standing experience in the treatment of all mental illnesses. The treatment focuses on psychotherapeutic procedures, psychopharmacological therapies and adjuvant forms of treatment such as sports therapy, music therapy, art therapy and others. The offer is aimed at self-paying patients, patients with private insurance and patients eligible for subsidies.

OUTPATIENT THERAPY

Trusting outpatient treatment of mental illness and a sustainable relationship between doctor and patient play a major role in the stabilization and recovery from mental illness. There is also the possibility of regular outpatient appointments with both chief physicians. Within the framework of these, diagnostic and differential diagnostic clarifications, drug treatments and psychotherapy can take place.

ASSESSMENTS

The MHI Berlin prepares expert psychiatric reports and/or expert opinions including neuropsychological testing on request for both insurance companies and courts. Clients can expect processing and completion of expert opinion requests within three months.

EXPERTISE

It is increasingly common in all diversifications of modern medicine to obtain a second expert opinion when a diagnosis is made. In psychiatric contexts in particular, this is urgently recommended, since the consequences of some psychiatric diagnoses for the life planning and quality of life of those affected are of overriding importance. The same applies to cases in which, in addition to a psychiatric diagnosis, illnesses from other specialties (e.g. internal medicine, gynecology, etc.) are present, since in these cases a precisely coordinated treatment that is complex in terms of effects and side effects is often necessary. You will also find the necessary expertise for this at the MHI Berlin.



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